



VALLEY OF THE SHADOW

RITES OF LOSS

NIC PATON
PALM STRINGS QUARTET

*Yea, though I walk through the valley of the shadow of death,
I will fear no evil: for thou art with me.*

Psalm 23

*The reality is that you will grieve forever.
You will not 'get over' the loss of a loved one; you will learn to live with it.*

Elisabeth Kübler-Ross

*While I thought that I was learning how to live,
I have been learning how to die.*

Leonardo Da Vinci

- 1 The Gates of Remembrance (5:53)
 - 2 Slow Dawn (5:59)
 - 3 Cup of Sorrow (4:48)
 - 4 Descent (1:35)
 - 5 Rite of Fire (5:08)
 - 6 Gone to Ground (4:34)
 - 7 Ferry of Souls (1:34)
 - 8 Adieu (4:17)
 - 9 While I Thought (Mentre Pensavo) (4:11)
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Cup of Sorrow

If it be possible

If it be possible

If it be possible

Take this cup from me

Nevertheless not as I will

But that your will be done

The cup of sorrow will be drained

By each and every one

(They all will drink it to the dregs).

While I thought (Mentre pensavo)

Attributed to Leonardo Da Vinci

Mentre pensavo che stavo imparando a vivere,

Ho imparato come morire.

While I thought that I was learning how to live,

I have been learning how to die.

Produced by Nic Paton and David Langemann

Recorded by Nic Paton and John Bartmann

Mixed by David Langemann

Mastered by David Maclean at SAE Cape Town

Voices: Carmen Kinsey (soprano), Marco Titus (baritone), Christy Johnson, John Bartmann, Nic Paton

Strings: The Palm Strings Quartet

1st violin / leader : Lucia Di-Blasio Scott

2nd violin : Titia Blake

Viola : Marina Louw

Cello : Barbara Kennedy

Drum programming: Jason Barty

Nic Paton: Composition, vocal and string arrangement, programming, acoustic and electric guitars, zouk, mandolin, ukulele, bass clarinet, percussion

Cover adapted from a photograph by Christine Nachmann <http://www.christinenachmann.net/>

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